



FAMILY LED FOOD DRIVE



The S.A.F.E. - Supplying Allergy Friendly and Emergency - Food Pantry is a volunteer-run 501(c)(3) organization that provides gluten-free and allergy friendly food to low-income people living with celiac disease or other food sensitivities. It is the only gluten free and allergy friendly food pantry in Maryland.

We are collecting non-perishable gluten free and allergy friendly food for S.A.F.E. and will stock their designated gluten free and allergy friendly shelves at the Howard County Food Bank with your donations. Please make sure that all items containing grain say "gluten free" on the packaging.

No refrigerated or frozen items please.

Thank you for supporting this project!

MOST NEEDED ITEMS

- Oils – Olive, Grapeseed, Coconut, Avocado
- No Sugar Added Fruits and Applesauce
- Soy or Rice Milk
- Gluten Free Pasta
- Gluten Free Oatmeal
- Gluten Free Granola Bars
- Gluten Free Easy-Prep Meals
- Gluten Free Soy or Sunflower Butter
- Gluten Free Soups
- Gluten Free Flour and Baking Mixes
- Gluten Free Tortillas (corn or rice)
- Gluten Free Crackers
- Gluten Free Cereal (e.g. Chex)
- Gluten Free Salad Dressing
- Gluten Free Soy Sauce
- Gluten Free Mac and Cheese (e.g. Annie's)